# Guluzar Arzu Turan, MD

## Fertility Preservation and Reproductive Late Effects Research Director Department of Ob/Gyn Division of Academic Specialists

guluzar.turan@cuanschutz.edu

## **Certification and Licensure:**

Licentiate of Medical Council of Canada	2023-present
Medical Practitioner, Medical & Dental Council of Nigeria	2020- 2021
IVF Certification, Republic of Turkey Ministry of Health	2013- 2018
Specialization in Obstetrics and Gynecology, Republic of Turkey Ministry of Health	2004-present
Medical Doctor, Republic of Turkey Ministry of Health	1998-present

# **Professional Memberships:**

General Member, Colorado Clinical & Translational Sciences Institute (CCTSI)	2024-present
General Member, Society of Clinical Research Associates (SOCRA)	2024-present
General Member, ASRM (American Society for Reproductive Medicine).	2024-2025
General Member, ESHRE (European Society of Human Reproduction and Embryology)	2014-2016
General Member, TSRM (Turkish Society of Reproductive Medicine)	2014-present
General Member, ASRM (American Society for Reproductive Medicine).	2013-2016
General Member, Turkish Assoc. of Urogynecology and Pelvic Reconstructive Surgery	2012-present
General Member, Gynecological Endoscopy Association, Turkey.	2012-present
General Member, TJOD (Turkish Society of Obstetrics and Gynecology)	2005-present

General Member, Turkish Medical Association2004-presentGeneral Member, ASRM (American Society for Reproductive Medicine)2004-2005General Member, ESHRE (European Society of Human Reproduction and Embryology) 2004-2005

## **Honors and Awards**

- 2015 Award: 13th TJOD (Turkish Society of Obstetrics and Gynecology) Congress Best
Oral Presentation (1st) Prophylactic vitamin D supplementation in ovarian
hyperstimulation syndrome.

- Certificate of Honor, Regional Public Hospital, Ngaoundere, Cameroon, 2011

- Top 1% of the students in the Turkish university examination, Turkey, 1992

## **Educational Qualification:**

#### Clinical Research Certificate Program

Seneca College, Toronto, Canada May 2017- October 2017

#### **Clinical practicing course**

#### (Training of Treatment Methods for Assisted Reproduction)

Ege University, IVF center, Izmir, Turkey Jan 2013- June 2013

#### Residency, Obstetrics and Gynecology

Dokuz Eylul University, Izmir, Turkey Aug 1999- July 2004

#### Internship

Ege University School of Medicine, Izmir, Turkey Oct 1997- Oct 1998

#### **Medical doctorate**

Hacettepe University School of Medicine, Ankara, Turkey Sep 1992- Aug 1996 Ege University School of Medicine, Izmir, Turkey Sep 1996- Oct 1998

## **ECFMG Certification:**

-USMLE Step 1: Pass -USMLE Step 2 CK: Pass -OET: Pass -USMLE Step 3: Pass

## **Employment Chronicle:**

- Research Director, Senior Instructor, Faculty
Fertility Preservation and Reproductive Late Effects Program
Department of Obstetrics and Gynecology
Division of Academic Specialists in Obstetrics and Gynecology
Anschutz Medical Campus, Aurora, CO, US
Apr 2024- Present

# Physician Assistant Newlife Fertility Center, Toronto, ON, Canada Apr 2023- March 2024

#### - Physician Assistant

Everblooming Clinic, Pickering, ON, Canada Sep 2021- March 2023

#### - Consultant OB/GYN Specialist

Nizamiye Hospital, Abuja, Nigeria Oct 2020- Aug 2021

#### - Faculty

Department of OB/GYN, Nile University School of Medicine, Abuja, Nigeria Oct 2020- Aug 2021

#### - Telemedicine Assistant

Good Doctors Medical Clinics, Scarborough, ON, Canada Nov 2019- March 2020

#### - Telemedicine Assistant

A&B walk-in clinic, Barrie, Canada June- July 2019

#### - Clinical Research Assistant

Apollo Applied Research, Toronto, Canada Sep- Oct 2017

#### - Assistant Professor

Department of OB/GYN Sifa University School of Medicine, Izmir, Turkey 2011- 2016

#### - In Vitro Fertilization Specialist

Sifa Univ Hospital IVF Clinic, Izmir, Turkey

2013-2016

#### - OB/GYN Specialist

Sifa Hospital, Izmir, Turkey July 2004- July 2016

#### - Obstetrics and Gynecology resident

Dokuz Eylul University, Izmir, Turkey Aug 1999- July 2004

## **Administrative Appointments**

#### Member

Ethics Committee, Sifa University, Izmir, Turkey 2015-2016

#### Coordinator

4<sup>th</sup> year, Sifa University School of Medicine, Izmir, Turkey 2015-2016

#### Chief

Sifa University School of Medicine Department of Obstetrics and Gynecology, Izmir, Turkey 2015-2015

#### **Medical Director of IVF Center**

SIFA University, Izmir, Turkey 2014-2016

#### Member

Sifa University Council of Project Financing, Izmir, Turkey 2014-2016

#### Associate Editor

Sifa Medical Journal, Izmir, Turkey 2013-2016

### **Grants Received**

 2014 Advisor, "Evaluation of the effects of cigarette use in pregnancy on newborn with anthropometric method. (TUBITAK- The Scientific and Technological Research Council of Turkey)
2013 Investigator, "The vitamin D treatment in ovarian hyperstimulation syndrome, rat study" (Sifa University Grant)
2014 Investigator, "Myo-inositol and metformin treatment in ovarian hyperstimulation syndrome, rat study" (Sifa University Grant)
2014 Co-investigator, PI: F. Eskicioglu, "Cabergoline and montelukast efficacy in the prophylaxis of ovarian hyperstimulation syndrome in rats (Celal Bayar University Grant)
2014 Co-investigator, PI: EB Gur, "The relationship between the umbilical cord vitamin D levels and fetal thymus size" (Sifa University Grant )

6. 2014 Co-investigator, PI: F Eskicioglu, "*The relationship between recurrent pregnancy loss and Natural Killer (NK) cells and HLA-G*" (Celal Bayar University Grant)

## **Thesis Advisors**

Irem Hepyilmaz. The role of hemogram parameters in the first trimester visit in predicting recurrent abortus. (Thesis Advisor Guluzar Arzu Turan Assist. Prof, 2016, Sifa University, Department of Obs & Gyn, Izmir, Turkey)

## **Publications:**

Published articles in International Medical Journals:

**1. Turan GA**, Delibasi T. Gestational Diabetes and Infertility. Journal of Diabetes Mellitus (JDM). 2023 May.

**2.** Sahin N, Genc M, **Turan GA**, Kasap E, Guclu S. A comparison of 2 cesarean section methods, modified Misgav-Ladach and Pfannenstiel-Kerr: A randomized controlled study. Adv Clin Exp Med. 2018 Mar;27(3):357-361.

**3.** Kasap E, Genc M, **Turan GA**, Eskicioğlu FE, Saklamaz A, Sahin N, Güclü S. The association of impaired gestational glucose tolerance with maternal and fetal outcomes. Clinical and Experimental Obstetrics & Gynecology. 2016 Oct 10;43(5):755-8.

**4.** Eskicioglu F, Ozdemir AT, Ozdemir RB, **Turan GA**, Akan Z, Hasdemir SP. The association of HLA-G and immune markers in recurrent miscarriages. J Matern Fetal Neonatal Med. 2016 Sep;29(18):3056-60.

**5.** Gur EB, Gur MS, Ince O, Kasap E, Genc M, Tatar S, Bugday S, **Turan GA**, Guclu S. Vitamin D deficiency in pregnancy may affect fetal thymus development. Ginekol Pol. 2016;87(5):378-83.

**6.** Sahin N, Apaydın N, Toz E, Sivrikoz ON, Genç M, **Turan GA**, Cengiz H, Eskicioglu F. Comparison of the effects of letrozole and cabergoline on vascular permeability, ovarian diameter, ovarian tissue VEGF levels, and blood PEDF levels, in a rat model of ovarian hyperstimulation syndrome. Arch Gynecol Obstet. 2016 May;293(5):1101-6.

**7. Turan GA,** Ince O, Gunduz D, Gur EB, Tatar S, Genc M. Asymptomatic cervical diverticulum: An unusual case. Sifa Medical Journal. 2016 May 1;3(2):52.

**8.** Kasap E, **Turan GA**, Eskicioğlu F, Cengiz H, Gur EB, Sivrikoz ON, Genc M, Yılmaz O. Comparison between resveratrol and cabergoline in preventing ovarian hyperstimulation syndrome in a rat model. Gynecol Endocrinol. 2016 Mar;3:1-7.

**9.** Turan GA, Eskicioglu F, Sivrikoz ON, Cengiz H, Adakan S, Gur EB, Tatar S, Sahin N, Yilmaz O: Myo-inositol is a promising treatment for the prevention of ovarian hyperstimulation syndrome (OHSS): an animal study. Archives of Gynecology and Obstetrics 05/2015; 292(948).

**10.** Gur EB, Karadeniz M, Inceefe H, Tatar S, **Turan GA**, Genc M, Guclu S. Thyroid antibodies in euthyroid and subclinical hypothyroidic pregnant women with autoimmune hypothyroidism: effects on hematological parameters and postpartum hemorrhage. Ginekol Pol. 2015 Sep;86(9):666-71.

**11. Turan GA**, Eskicioglu F, Sivrikoz ON, Cengiz H, Gur EB, Tatar S, Sahin N, Yilmaz O: Prophylactic vitamin D supplementation in ovarian hyperstimulation syndrome: an animal study. Archives of Gynecology and Obstetrics. 2015 Aug;292(2):421-7.

**12.** Gur EB, Karadeniz M, **Turan GA**. Fetal programming of polycystic ovary syndrome. World J Diabetes. 2015 Jul 10;6(7):936-42.

**13.** Genc M, Sivrikoz ON, Sahin N, Celik E, **Turan GA**, Guclu S. Does uterine prolapse alter endometrial cyclooxygenase 2 expression and promote the development of premalignant lesions? Gynecol Obstet Invest. 2015;80(2):119-23.

**14.** Genc M, Genc B, Sahin N, Celik E, **Turan GA**, Gur EB, Guclu S. Endometrial pathology in postmenopausal women with no bleeding. Climacteric. 2015 Mar 4;18(2):241-5.

**15.** Gur EB, **Turan GA**, Ince O, Karadeniz M, Tatar S, Kasap E, Sahin N, Guclu S. Effect of Ramadan fasting on metabolic markers, dietary intake and abdominal fat distribution in pregnancy. Hippokratia. 2015 Oct;19(4):298.

**16.** Turan GA, Kaya I, Genç M, Kasap E, Eskicioglu F, Gur EB, Tatar S, Sahin N. Chromosomal abnormalities and polymorphisms among couples with recurrent in vitro fertilization (IVF) failure. Sifa Medical Journal. 2015 Sep 1;2(3):49.

**17.** Eskicioglu F, Ozdemir AT, **Turan GA**, Gur EB, Kasap E, Genc M. The efficacy of complete blood count parameters in the diagnosis of tubal ectopic pregnancy. Ginekol Pol. 2014 Nov;85(11):823-7.

**18.** Gur EB, Ince O, **Turan GA**, Karadeniz M, Tatar S, Celik E, Yalcin M, Guclu S: Ultrasonographic visceral fat thickness in the first trimester can predict metabolic syndrome and gestational diabetes mellitus. Endocrine 01/2014; 47(2).

**19.** Gur EB, **Turan GA**, Tatar S, Gokduman A, Karadeniz M, Celik G, Genç M, Guclu S. The effect of place of residence and lifestyle on vitamin D deficiency in pregnancy: Comparison of eastern and western parts of Turkey. J Turk Ger Gynecol Assoc. 2014 Aug 8;15(3):149-55.

**20.** Gur EB, Gokduman A, **Turan GA**, Tatar S, Hepyilmaz I, Zengin EB, Eskicioglu F, Guclu S: Mid-pregnancy vitamin D levels and postpartum depression. European Journal of Obstetrics & Gynecology and Reproductive Biology 08/2014; 179:110–116.

**21. Turan GA**, Gur EB, Tatar S, Gokduman A, Guclu S: Uterine closure with unlocked suture in cesarean section: Safety and Quality. Pakistan Journal of Medical Sciences. 2014 May;30(3):530-4.

**22. Turan GA**, Yavuz Yuksel M, Ergene U, Gur EB, Hepyilmaz I, Tatar S. Cesarean section and ovarian cystectomy in the patient with factor XI deficiency. International Medical Journal of Sifa University, 2014; 1(2), 21-23

**23. Turan GA**, Dogan E, Posaci C, Caliskan S, Guclu S, Altinyurt S. The Effects of Raloxifene on Serum Lipid Profiles, C-Reactive Protein and Homocysteine Levels in Postmenopausal Women. Turkish-German Gynecol Assoc, 2006; 7(2), 125-129

**24. Cakmak (Turan) A**, Posaci C, Dogan E, Caliskan S, Guclu S, Altunyurt S: Raloxifene increases serum leptin levels in postmenopausal women: A prospective study. American Journal of Obstetrics and Gynecology 08/2005; 193(2):347-51

#### Published articles in Turkish Medical Journals:

**1**. Gur EB, Kasap E, Genc M, Tatar S, Bugday S, **Turan GA**, Haksever A, Takma C, Guclu S. Maternal Vitamin D Deficiency May be a Risk Factor for Transient Tachypnea of the Newborn. Journal of Clinical Obstetrics & Gynecology. 2015;25(4):231-6.

**2**. **Turan GA**, Gür E. Breast cancer and infertility. Arşiv Kaynak Tarama Dergisi. 2015;24(3):317-23.

3. Kaya I, Turan GA, Gur EB, Eskicioglu F, Uguz B, Sozer I, Adakan S, Saracoglu M.

Results of Chromosomal Abnormalities and Polimorphism in Infertile Men: A Retrospective Study. İzmir Egitim ve Araştırma Hastanesi Tıp Dergisi, 2015;19(1), 33-40.

**4.** Kaya I, **Turan GA**, Ulker YS, Genc M, Kasap E, Gur EB, Korkut B, Tatar S. Cytogenetic analysis in recurrent pregnancy loss. İzmir Eğitim ve Araştırma Hastanesi Tıp Dergisi, 2015;19(2), 66-70.

**5.** Kasap E, Korkut B, Genc M, Sahin N, **Turan GA**. Intrauterin device in sigmoid colon: a rare case report. İzmir Egitim ve Araştırma Hastanesi Tıp Dergisi, 2015;19(2), 104-106.

**6. Turan GA**, Gur EB, Tatar S, Genc M, Celik E, Guclu S. Management of cesarean scar pregnancy: a case report. İzmir Eğitim ve Araştırma Hastanesi Tıp Dergisi 2015;19(4), 200-202

7. Duran A, Eskicioglu F, Turan GA, Sen N, Gur EB, Tatar S. The Prevalence of

Toxoplasmosis in Pregnant Women in The Provinces of Izmir and Manisa. İzmir Eğitim ve Araştırma Hastanesi Tıp Dergisi, 2015;19 (3), 146-149

**8.** Eskicioglu F, Kaya I, Gur EB, **Turan GA**. Familial Recurrent Hydatidiform Moles: A rare case report. Medical Science and Discovery, 2014;1(3), 85-87

**9**. Gur EB, **Turan GA**, Tatar S, Oran N, Yuksel Yavuz M, Hepyilmaz I, Guclu S. The Overview of High Cesarean Section Rate in Turkey Through the Eyes of Obstetricians and Midwives. Turkiye Klinikleri J Gynecol Obst , 2014;24(2), 71-79

**10.** Gur EB, **Turan GA**, Tatar S, Borekci I, Guclu S. Management of Acute Pancreatitis Due to Hypertriglyceridemia in Pregnancy: Case Report. Turkiye Klinikleri J Gynecol Obst , 2013;23(1), 67-70

**11**. Genc M, Genc B, Korkut B, **Turan GA**, Kurt Sefa. Granulosa Cell Tumor of the Ovary in a Postmenopausal Patient: Report of a Case and Review of the Literature. Firat Üniversitesi Sağlık Bilimleri Tıp Dergisi , 2012;26(2), 93-96

## **Selected Poster/ Oral Presentations:**

-Silverman L, Silverman R, **Turan GA**, et al. Towards an integrative solution for complex global health problems. 20<sup>th</sup> Annual Health and Human Rights Conference Jan 27-28, 2018, Toronto University, Toronto, Canada -poster presentation

**-Turan GA**, New Aspects in the Prevention of OHSS. BIT's 4th International Congress of ICGO 2016, May 28-30, 2016, Barcelona, Spain, oral presentation (invited speaker)

-Turan GA, Infertility in Obese Women, Congress of Multidisciplinary Approach to Obesity, Nov 21-22, 2015, Izmir, Turkey -oral presentation (Invited speaker)

**-Turan GA**, et al. Myo-inositol is a promising treatment for the prevention of ovarian hyperstimulation syndrome (OHSS): an animal study. Ovarian Club 5. November 14-15, 2015, Barcelona, Spain -poster presentation

**-Turan GA**, et al. Prophylactic vitamin D supplementation in ovarian hyperstimulation syndrome. The 13th TJOD (Turkish Society of Obstetrics and Gynecology) Congress, 2015, Antalya, Turkey -oral presentation (Best Oral Presentation Award)

-Yuksel Yavuz M, **Turan GA**, et al. Cesarian section and ovarian cystectomy in the patient with factor XI deficiency: a case report. IV. International Eurasian Hematology Congress, 2013, Antalya, Turkey -poster presentation

## CPD:

-Reproductive Endocrinology and Infertility Observership Mount Sinai Fertility, Toronto, Canada Jan 2018-Feb 2018

## **Conferences Attended:**

- Oncofertility Consortium, Detroit 2024

- ASRM, Denver 2024

Pre-Term Birth & Medical Disorders in Pregnancy 2018 Update, University of Toronto & Mount
Sinai Hospital Department of Obstetrics & Gynaecology, Toronto, Dec 2018

- 25h Annual Symposium -New Developments in Prenatal Diagnosis and Medical Genetics, University of Toronto & Mount Sinai Hospital Department of Obstetrics & Gynaecology in partnership with the Hospital for Sick Children, Toronto, May 2017

- BIT's International Congress of Gynecology and Obstetrics, Barcelona, Spain, 2016

- ESHRE Workshop: 'The impact of reproductive surgery on cross talk between the embryo and the endometrium', Vienna, Austria, 2014

- 28th Annual meeting of ESHRE, Istanbul, Turkey, 2012

- 5th Gynaecologic Endoscopy Congress, Izmir, Turkey, 2012
- 5<sup>th</sup> National Reproductive Endocrinology and Infertility Congress, Antalya, 2012
- 5<sup>th</sup> National Urogynecology Congress, Istanbul, Turkey, 2011
- ESHRE Workshop, Izmir, Turkey, 2009
- Turkish National Gynecology and Obstetrics Congress, Antalya, Turkey, 2008, 2015
- -2<sup>nd</sup> Reproductive Endocrinology and ART Congress, Izmir, Turkey, 2008
- 20th Annual meeting of ESHRE Berlin, Germany, 2004
- 2<sup>nd</sup> Urogynecology and Pelvic Reconstructive Surgery Symposium, Izmir, Turkey, 2004
- Gynecologic Endoscopy Congress, Ankara, Turkey, 2004
- Perinatal Medicine Congress, Izmir, Turkey, 2003
- PCOS: Current Concepts, Treatment and Ovulation Induction, Antalya, Turkey, 2003
- 10<sup>th</sup> Congress on Infertility and Reproductive Medicine, Ankara, Turkey, 2002

## **Courses Attended:**

Researcher Management and Leadership Training, Coursera, USA	2024	
Principles of Fertility Preservation for Reproductive Health Providers, ASRM, USA	2024	
Basic Life Support Provider Certification, NHCPS, USA	2020	
Pediatric Advanced Life Support Provider Certification, NHCPS, USA	2020	
Advanced Cardiac Life Support Provider Certification, NHCPS, USA	2020	
Emergency First Aid & CPR Training, SAJE Vital Signs, Canada	2018	
Phlebotomy Course, CJ College, Canada	2018	
Ethical Conduct for Research Involving Humans Course on Research Ethics,		
Canada	2017	
Understanding the Canadian Health Care System, Health Force Ontario, Canada	2017	
Embriyology- Time Lapse, 6th National Reproductive Endocrinology and Infertility Congress,		
Antalya, Turkey	2014	
Training of Trainers, Sifa University, Turkey	2013	
Certificate of Experimental Animal Use, Dokuz Eylul University, Turkey	2013	
Research planning and analysis methods, Sifa University, Turkey	2013	
Embryonic Stem Cell Culture, TUBITAK Marmara Research Center, Turkey	2013	
Certificate Program of Good Journal Reviewer, MedCalc Turkey	2013	
Laparoscopic Hysterectomy Course, Ege University School of Medicine, Department of		
Obstetrics & Gynaecology, Turkey	2012	
Gynaecologic Endoscopy Course, Ankara, Turkey	2004	
Safety and Quality in ART, 20th Annual Meeting of ESHRE, Berlin, Germany	2004	

## **Volunteer Experience:**

OB/GYN Medical Assistant, Elite Women's Care, Hoffman Estates, IL, USA Sep 2022 – Sep 2022

Activity Volunteer Sunrise of Thornhill (Senior Living), Toronto, Canada Feb-June 2019

Lecturer and Mentor Anatolian Heritage Federation, Toronto, Canada Apr 2018-July 2020

OB-GYN Specialist EGESADER (ten days), Ngaoundere, Cameroon 2011

OB-GYN Specialist ESADER, (two weeks), Zanzibar, Tanzania 2009

General Practitioner ESADER (two weeks), Zanzibar, Tanzania 2008